



FORMATION
TRAINING

Intervention training
3 days (21 hours)

Intervening with people who are suicidal: Best practices

Accredited by the Association québécoise de la prévention du suicide (2 Cont. Ed. credits)

Training required to use the *Estimation scale for suicidal danger* *(Grille d'estimation de la dangerosité d'un passage à l'acte suicidaire)*

This training is designed for interveners and professionals who work in crisis or follow-up intervention with people who may be suicidal. The training is offered to interveners working with adults and youth (14-18 yrs).

Training objective

At the end of this training, the participant will be able to intervene effectively with people who are suicidal, better estimate the danger of suicidal acts using new tools, and use strategies from Solution-Focused Brief Therapy (SFBT) in the intervention.

The training targets the competencies set out in the *Guide de bonnes pratiques en prévention du suicide à l'intention des intervenants des centres de santé et de services sociaux* published by the Ministère de la Santé et des Services sociaux (2010).

Target competencies

- Develop a more proactive approach with those at high risk of suicide
- Improve clinical judgement and estimate the level of danger supported by the *Estimation scale for suicidal danger (Grille d'estimation de la dangerosité d'un passage à l'acte suicidaire)*
- Use concrete strategies to build hope and resilience
- Create a plan that mobilizes the suicidal person to protect himself or herself
- Manage risks and critical moments, and conclude the intervention safely
- Conduct a needs assessment and facilitate access to other services
- Work collaboratively with partners

Approach

Our trainers are experts in adult education and have several years of professional experience in suicide prevention.

The learning activities are based on adult education principles, with a balance between theory and practice: exercises, discussions, role-plays, etc.

Format

To ensure full participation and optimal development of the competencies targeted, group size is limited to 12 people.

Participants who successfully complete the training are awarded 2 continuing education units.

For more information

We invite you to contact us at **514-723-3594, extension 305** for more information about our training products, formats, rates and availability. For an overview of all our services, please consult our web site.

ÊTRES EN CONTACT
KEEPING IN TOUCH
514 723-4000
1-866-APPELLE (1-866-277-3553)

www.suicideactionmontreal.org