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## **Best practices in suicide intervention**

Recognized by the *Ordre des psychologues du Québec* (RA00612-13)  
Accredited by the *Association québécoise de la prévention du suicide* (2 Cont. Ed. credits)

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This training is designed for interveners and professionals who work in crisis or follow-up intervention with people who may be suicidal. The training is offered to interveners working with adults and youth (14-18 yrs).

### **Training objective**

At the end of this training, the participant will be able to intervene effectively with people who are suicidal, better estimate the danger of suicidal acts using new tools, and use strategies from Solution-Focused Brief Therapy (SFBT) in the intervention.

The training targets the competencies set out in the *Guide de bonnes pratiques en prévention du suicide à l'intention des intervenants des centres de santé et de services sociaux* published by the Ministère de la Santé et des Services sociaux (2010).

### **Target competencies**

- Develop a better understanding of the suicidal person
- Develop a more proactive approach with those at high risk of suicide
- Improve clinical judgement supported by the *Estimation tool for suicide danger*
- Use concrete strategies to identify and reinforce the part of the suicidal person that wants to live
- Create a plan that mobilizes the suicidal person to protect himself or herself
- Manage risks and critical moments, and conclude the intervention safely
- Conduct a needs assessment and facilitate access to other services
- Work collaboratively with partners

### **Approach**

Our trainers are experts in adult education and have several years of professional experience in suicide prevention.

The learning activities are based on adult education principles, with a balance between theory and practice: exercises, discussions, role-plays, etc.

### **Format**

To ensure full participation and optimal development of the competencies targeted, group size is limited to 12 people.

Participants who successfully complete the training are awarded 2 continuing education units.

**Cost:** \$363.50 for non-profit organisations and students, \$458.50 for private or public organizations

**Duration:** 3 days (21 hours) – 9:00 to 5:00

**Location:** Suicide Action Montreal

**Dates:**  Please return the registration form. We will contact you to establish a date.

Note: For information on French language training, please consult our web site at [www.suicideactionmontreal.org/index.php?page=vous-etes-un-intervenant](http://www.suicideactionmontreal.org/index.php?page=vous-etes-un-intervenant)

For more information: (514) 723-3594 ext. 305 or [formations@suicideactionmontreal.qc.ca](mailto:formations@suicideactionmontreal.qc.ca)

**REGISTRATION FORM**  
***Best practices in suicide intervention***

Last name: \_\_\_\_\_ First name: \_\_\_\_\_

Organization: \_\_\_\_\_

Title : \_\_\_\_\_

Address : \_\_\_\_\_

City: \_\_\_\_\_ Postal code: \_\_\_\_\_

Tel. (work): \_\_\_\_\_ Tel. (home): \_\_\_\_\_

email: \_\_\_\_\_

**Registration procedure**

Please return this form by fax: (514) 723-3605 or email: [formation@suicideactionmontreal.qc.ca](mailto:formation@suicideactionmontreal.qc.ca)

**We will contact you to establish a date.**

(Note: for French language training session dates, please consult [www.suicideactionmontreal.org](http://www.suicideactionmontreal.org))

**Availability**

To help us suggest dates, please indicate which days of the week you are generally available (indicate all that apply):

- Mondays
- Tuesdays
- Wednesdays
- Thursdays
- Fridays

**Comments on availability (e.g. dates to avoid):**

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**Cancellation policy**

For refunds, you must advise us in writing 7 working days before the training session.